

I have looked at my (also incidental) use of the watch since this thread started. Here's the updated list.

The exercise actually caused me to uninstall a number of not used apps on the watch.

I have mentioned Apps I use where possible.

Some of the options are UK specific, but I am sure everyone can find a local alternative providing similar functionality

My main and incidental uses are:

- It wakes me up in the morning (Alarm)
- No notifications or incoming calls overnight (only immediate family)
- Open my computer (MacOS)
- Authenticate logins w/ 1Password and Authenticator
- Listen to music/podcasts/audiobooks/radio while walking (Overcast/ Music/RadipPlayer/TuneIn Radio (with AirPods))
- Show train tickets (Trainline)
- Check actions in Omnifocus
- Dictate to Drafts
- Start EV charging at public charging points
- Take phone calls (because you can. feels like calling KITT in Nightrider, or asking Scotty to beam me up!)
- As camera remote (trigger)
- Camera Remote incl settings in ProCamera
- Command Siri around
- Homekit control (lights, temperature etc) (Home+/HomeDash/ HomeCam/HomeRUN/Heatmiser)
- Homekit accessory lookup codes ((HomePass)
- Check my Cameras (Ring and HomeCam)
- Media controls (Apple Music, Vox, AppleTV, Overcast)
- AppleTV Remote (Remote)
- ApplePay (Use it for nearly all daily expenses)
- Public Transport (Citymapper is great)
- Directions while walking (Apple Maps)
- Weather (All Carrot complications are great, created a separate watch face for everything weather)
- Loyalty card scans in shops (Wallet or Store App)
- Control my car (Open, close, pre-heat, send satnav instructions)
- Timers (while cooking)
- Activity (close my rings)
- Track workouts
- Sleeptracker (I wear an old Series 3 overnight)
- Do mindfulness exercises during the day (Breath, Calm. Endel)

- Check water consumption (Waterminder)
- Use currency calculator (Currency+)
- Check deliveries (Parcel and Deliveries)
- Run shortcuts (Shortcuts/Pushcuts)
- Translate audio (AE Mate, Translate Now)
- Read, write and dictate messages in iMessage
- A quick glance at email (Airmail/Outlook) and sometimes quick replies
- Walkie Talkie with my other half
- Check calendar (Fantastical)
- Add appointments to calendar (Fantastical)
- Buy coffee at Starbucks (using a Starbucks card)
- Read, write and dictate messages and replies in WhatsApp, Signal, Telegram
- Start and stop Toggl timers
- Run a Pomodoro (Pomodoro Pro)
- Location-aware pop-ups and reminders
- The watch helps me count to 20 while washing my hands
- Calculate blue hour and sunrise. sunset time and location for photoshoots (SolarWatch)
- Did I say Check Deliveries? Sometimes even Amazon feels slow ...
- Repeating reminders for daily chores (take medicine, waste collection) (Due)
- Get breaking news (switched back on to follow recent events) (CNN, BBC)
- Have travel itineraries available at a glance (Tripit, App in the Air)
- Track flights (FlightStats/Flightradar24)
- Keep track of train delays (National Rail/Trainline/Citymapper)
- Activate/Deactivate home alarm
- Check the markets (Stocks)
- Check heart rate during exercise and do regular ECG
- Using Find My to find my wallet, keys, backpack and other half
- Get noise warnings in loud environments
- Listen to Calm/Endel (mindfulness and white noise)
- Keep track of my blood pressure readings (connected to Withings Health Mate)
- Timezone management (separate watch face just for that) SFO, NYC, AUA, GMT, AMS, DEL, HKG
- Check who rings the doorbell (Ring notification/HomeCam)
- Use PCalc when my brain is fried and forgets about basic 1+1
- Record my voice or short meetings (Voice Memos/Just Press Record/EZAudioCut)
- Haven't played recently, but it's a great companion to the GolfLogix app during a round of golf
- Track my car parking session (JustPark/PayByPhone/Ringo)
- Quick check my bank balance or add an expense (MoneyWiz)

- Checking my mobile phone allowances (Provider app)
  - Fun: checking the Night Sky using Night Sky X - find that star, planet
  - Find and check the status of nearby EV charge points (Plugshare/ ChargePoint)
  - Use as a PowerPoint remote during a presentation.
  - What song is this? (Shazam)
  - Classic stopwatch
  - Quickly gauge my what3words location
  - Did I say Check Deliveries? Still waiting for my Mac Studio to arrive
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- I used to page Ubers, but they have unfortunately stopped supporting the AppleWatch
  - Soon hope to use it for the first time use it as a Hotel room key (Hyatt). Have already used my phone as a room key before.

oh ... as a free bonus it tells me the current time as well.

... and I don't have to adjust for DST. It figures it out.

Actually - compiling this - it surprised me how integrated the watch has become in my daily life. I haven't worn a classic watch for a long time.

My wife uses her phone all the time, I can cope without using it for long stretches.

Also:

My Watchface changes several times a day:

- Overnight in sleep focus mode (low light, large clock)
- At wake up, it shows my calendar, weather, news
- During commute showing Transit, Citymapper, Starbucks card and Overcast (to control podcast)
- During work: calendar, messages, reminders, water tracker
- early evening: exercise rings and exercise app
- at night: just the time, no complications...

My battery hovers around 10% when I go to bed

I kept an old series 3 around that I use overnight as a sleep tracker whilst the Series 4 charges and functions as a bedside table alarm clock.

The Series 3 is on silent vibration alarm to wake me up without disturbing my other half

TIP: select different cards as Express Travel Card in Wallet on the phone and watch to separate personal and work travel expenses

TIP: check out Truphone offerings if you want to use watch cellular abroad.  
(Need to put the watch in Family Setup mode)

watch this:

Think it's about time to upgrade to a new watch. I got my monies worth from the Series 4